

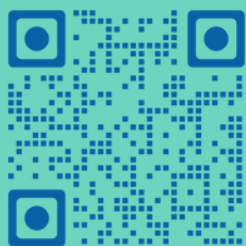


# regionten

## ADVERSE CHILDHOOD EXPERIENCE INTERFACE TRAINING

### SCHEDULE (SPRING 2025)

- **February 28th, 10am-12pm**
  - In-Person
  - 500 Old Lynchburg Rd.
- **April 16th, 1pm-3pm**
  - In-Person
  - 500 Old Lynchburg Rd.



Scan the QR code or click on the training date to register!

### ABOUT THE COURSE

This training provides an introduction to the Adverse Childhood Experiences (ACE's) study. You will learn about how early adversity as a child can affect one throughout their life and steps we can take towards addressing the trauma and creating safe environments and relationships. Understanding ACE's will help support the work and relationships you have with others.

### COURSE REQUIREMENTS

This course is free with the support of grant funding.

### CURRICULUM

In this two-hour training we will discuss:

- ACEs- What are Adverse Childhood Experiences?
- Neurobiology- How do our brains work?
- Trauma- How are we affected by Adverse Childhood Experiences?
- Resiliency- How can we change outcomes?

