



regionten

safeTALK

suicide alertness for everyone

4-HOUR, IN-PERSON WORKSHOP

- **March 4th, 2025**
 - 9:00 am - 1:00 pm
 - Region Ten CSB
500 Old Lynchburg Rd.
Conference Center 500A
- **May 21st, 2025**
 - 9:00 am - 1:00 pm
 - Region Ten CSB
500 Old Lynchburg Rd.
Conference Center 500A

Click on the date to register
or visit regionten.org/events/

*Workshop has a minimum registration requirement and is subject to cancellation due to low enrollment.

ABOUT THE WORKSHOP

In LivingWorks safeTALK you will learn how to reach out to someone thinking about suicide and help them keep safe by promptly connecting them to further support. Your role as a connector is the main focus of this training, which features:

- Trainer presentations, facilitated discussion, and skills practice
- Videos that illustrate what happens when signs of suicide are overlooked, and how you can contribute to safe outcomes when these signs are heard and addressed
- Opportunities to further explore organizational applications of the training
- A community resource person will be on hand at the workshop to support your safety and comfort.

COURSE REQUIREMENTS

- Participants must be able to attend the workshop in its entirety.
- This course is FREE with the support of grant funding.



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PLEASE CONTACT PREVENTION@REGIONTEN.ORG FOR ADDITIONAL INFORMATION